

First Grade Choice Board

Week of May 18-21

These are fun, last week of school opportunities that you may choose to do at home with your child.

| Last | Week | Fun | Board |
|---|--|---|--|
| Take a blanket and go read a book outside. | Draw a picture with sidewalk chalk. | Go outside and blow bubbles! | PE: See activities listed below or pick an activity of your own. |
| Put a puzzle together with your family. | Help your parents cook supper for the evening. | Have a water balloon fight | Music: See activities listed below or pick an activity of your own. |
| Play a video game for 30 minutes. | Draw a picture of your family. | Go outside and run through the sprinkler or slip and slide. | Social Emotional: Make your very own stress ball using a balloon! You can fill your balloon with flour, cornstarch, rice, dry beans, baking soda, playdoh, sand, or more!! Find the recipe and instructions here! https://www.wikihow.com/Make-a-Stress-Ball Extra tip: Use another balloon to cover the balloon that is filled. |
| Clean your room. Make sure your mom thinks it's really clean. | Practice tying your shoes :) | Play cards or a board game. | Message: We are so proud of everything you have done this school year and how awesome you have handled the changes. We cannot wait to see you again and hope you have an amazing summer! Do not forget how wonderful and special you are. We love you!! -USD 473 Teachers and Staff |

PE Activities May 18-22

Dance Party:

- *It's time for a dance party! You're going to make this PARTY ROCK by creating your very own dance.
- *If needed I have listed some ideas for movement in your dance.
- *Pick your favorite song and be creative.
- *Practice hard then teach your family your dance.

Movement Ideas- Robot Dance, Basketball Dance, Football End Zone Dance, Superhero Dance, Grasshopper Dance, Soccer Dance, and or Tiptoe Dance.

Have a Fun and Safe summer!

Music activities:

May 18-22:

Continue the P.E. DANCE PARTY for MUSIC with these videos:

-HAPPY - Pharrell Williams (feat. Minions)

<https://www.youtube.com/watch?v=MOWDb2TBYDg&list=PLJ2hx9Xyf-QpN0qhaLJjaiMKgz2kyBM2x>

-Music for Children on Just Dance Kids! Bingo Song & More | Learn to Dance (Baby Kids)

<https://www.youtube.com/watch?v=29TR33moqUA>

-I Can Move My Body Like Anything | Movement Song for Kids | Jack Hartmann--

<https://www.youtube.com/watch?v=oLaJ4jyKBUY>

-Koo Koo Kanga Roo - Dinosaur Stomp (Dance-A-Long)

<https://www.youtube.com/watch?v=Imhi98dHa5w>