

**Choice Boards for 7th week 5/11/20-5/15/20**

**Preschool/Pre-K Choice Board for the Week of May 11-15 - Week 7**  
**Theme: Zoo**

Please try to pick 3-5 activities each day to meet the state recommended 30 minutes of instruction time.

<p align="center"><b>Reading</b></p> <p align="center">Read or listen to a book every day.</p>	<p align="center"><b>Writing</b></p> <p align="center">Practice writing your name every day.</p>	<p align="center"><b>Math</b></p> <p align="center">Count to 31 on the calendar every day.</p>	<p align="center"><b>Social-Emotional</b></p> <p align="center">Say "I love you" every day.</p>
<p>Start a beat by slapping legs two times, clapping hands two times, and snapping fingers two times. On the first snapping beat the teacher says a word. On the second snapping beat the children say a word that rhymes.</p> <p>Slap, slap, clap, clap, snap, snap.                      Slap, slap, clap, clap, mitten. (Parent says.)                      Slap, slap, clap, clap, kitten. (Child says a word that rhymes.)</p> <p>You can make this easier by saying a 1 syllable word.                      cat (Parent says.)                      hat (Child says a word that rhymes.)</p>	<p><a href="#">Trip to the Zoo- Click here for printable worksheet</a></p>	<p>Look through old magazines or newspapers that you don't mind getting cut up. Allow your child to find shapes, cut them out, and glue them onto a paper plate. Have one paper plate per shape (rectangle, square, circle, triangle, etc.)</p>	<p><a href="#">Peace Rocks- Click and read the directions to make your own Peace Rocks</a></p>
<p>Have your child sing and listen to a story with Dr. Jean! Click on the website: <a href="https://www.youtube.com/watch?v=spZz8KE3xvk&amp;feature=youtu.be">https://www.youtube.com/watch?v=spZz8KE3xvk&amp;feature=youtu.be</a></p>	<p>Get a paintbrush and a bucket of water and go outside! Paint the sidewalk with the water, paint the playground with the water, paint the trees with the water.</p>	<p><a href="#">Ordering Numbers- Click here for printable</a></p>	<p>Cut the top off a box (cereal, snack box, big cardboard box, your choice). Let your child decorate the box with pictures, stickers, drawings, etc. Punch holes near the top. Tie on a string for a handle. Have your child collect some of their favorite "treasures" in the box and then allow them to share with you why they are treasures to them.</p>
<p>Zoo Activity:                      Watch the YouTube video <a href="#">Going to the Zoo</a> by Tom Paxton, illustrated by Karen Lee Schmidt. <a href="https://www.youtube.com/watch?v=ORfJG6CO6yo">https://www.youtube.com/watch?v=ORfJG6CO6yo</a>                      Then watch this video. It has lots of photographs of animals in the zoo. <a href="https://www.youtube.com/watch?v=252MOyeIfqU">https://www.youtube.com/watch?v=252MOyeIfqU</a></p>	<p>Zoo Activity:                      Decorate brown paper lunch bags with construction paper, markers, paint, or scissors, and your imagination to look like different buildings and cages at a zoo. Open the second bag and stuff with wadded up newspaper. Insert the decorated bag over the stuffed bag to make a rectangular shape so that it stays standing.</p>	<p>Zoo Activity:  <a href="#">Zoo Math- click for printable worksheets</a></p>	<p>Zoo Activity:                      (Tune: "The Bear Went over the Mountain")                      We're going to the zoo.                      We're going to the zoo.                      We're going to the zoo.                      Won't you come, too?                      The elephants swing their trunks.                      (Stick out one arm like a trunk                      The elephants swing their trunks. and stomp from side to side.)                      The elephants swing their trunks.                      And we can do it, too.                      *Insert other animal names and motions.</p>

<p><a href="#">Finish the Story- click for printable worksheet</a></p>	<p><a href="#">Zoo Story Symbols-Click for prewriting activity worksheet</a></p>	<p>Use playdough and allow your child to make enclosures/cages for their zoo animals. Next, allow your child to sort small zoo animal toys into the cages where they belong. You can extend this lesson and place animals that are similar together. If you do not have zoo animal toys, you can find pictures to print online or cut them out of a magazine!</p>	<p>Family is a very important group of people. Some family members live with you and some you only see on special occasions.</p> <p>Friends are another important group of people. Friends are people you enjoy spending time with.</p> <p>Get a piece of paper and draw a line down the middle. Draw a picture of your family on the top part of the paper and a picture of your friends on the bottom part of the paper. Don't forget to add details!</p>
<p>Have you ever been to the zoo? Who went with you? What did you see there? What animal was your favorite?</p> <p>Tell a story about your trip to the zoo. Even if you have not gone to the zoo yet, you can still tell a story. If you can, write or draw the story you just told!</p> <p>Use details to tell more. I saw a ____ and a ____. The elephant was ____. There was a ____ there. There was a ____, too.</p>	<p><a href="#">Animal Alphabet Chart- Click for the printable</a></p>	<p>Spend some time practicing counting on with this video: <a href="https://www.youtube.com/watch?v=2YArJnVf4Og&amp;t=53s">https://www.youtube.com/watch?v=2YArJnVf4Og&amp;t=53s</a></p>	<p>Bedtime Ritual: Is your child learning a new skill? Research suggests studying something right before going to sleep can help with processing and retention. Singing a new song, looking at ABC flashcards, or counting to 10 as part of a bedtime ritual can also be good for learning.</p>

### Additional Activities for our Younger Preschool Students and Additional Resources

<p style="text-align: center;"><b>Reading</b></p> <p>Read or listen to a book every day.</p>	<p style="text-align: center;"><b>Writing</b></p> <p>Practice writing your name every day.</p>	<p style="text-align: center;"><b>Math</b></p> <p>Count to 10 every day.</p>	<p style="text-align: center;"><b>Social-Emotional</b></p> <p>Say "I love you" every day.</p>
<p>Watch the YouTube video <a href="#">Put Me in the Zoo</a> by Robert Lopshire. <a href="https://www.youtube.com/watch?v=OExMMb_dIPM&amp;disable_polymer=true">https://www.youtube.com/watch?v=OExMMb_dIPM&amp;disable_polymer=true</a></p> <p>Watch the YouTube video <a href="#">Good Night, Gorilla</a> by Peggy Rathman, told by Mia.. <a href="https://www.youtube.com/watch?v=MVpGyBYeIF8">https://www.youtube.com/watch?v=MVpGyBYeIF8</a></p>	<p>Fine motor activity: <b>Sticker Station</b> Check out this website for everything you need to know about creating your own Sticker Station. <a href="https://www.notimeforflashcards.com/2014/07/sticker-station-easy-fine-motor-activity.html">https://www.notimeforflashcards.com/2014/07/sticker-station-easy-fine-motor-activity.html</a></p>	<p>Watch the YouTube video <a href="#">1, 2, 3 to the Zoo</a> by Eric Carle. <a href="https://www.youtube.com/watch?v=4pPW03YIoRs">https://www.youtube.com/watch?v=4pPW03YIoRs</a></p> <p>Point and count the animals on each page. Touch the animals on their heads. That will help you count each animal just 1 time.</p>	<p><b>I Love You Rituals are designed to accomplish four specific goals:</b></p> <ul style="list-style-type: none"> <li>*Increase dopamine</li> <li>*Encourage conscious touching</li> <li>*Create strong bonds</li> <li>*Create loving rituals</li> </ul> <p style="text-align: center;">Pease Porridge Hot Clapping Game</p> <p>Pease (clap hands to thighs) porridge (clap own hands) hot (clap your child's hands), pease (clap hands to thighs) porridge (clap own hands) cold (clap your child's hands)</p>

			Pease (clap hands to thighs) porridge (clap own hands) in the (clap right hands only) pot (clap own hands), nine (clap left hands only) days (clap own hands) old (clap your child's hands). Some (clap hands to thighs) like it (clap own hands) hot (clap your child's hands). Some (clap hands to thighs) like it (clap own hands) cold (clap your child's hands) Some (clap hands to thighs) like it (clap own hands) in the (clap right hands only) pot (clap own hands), nine (clap left hands only) days (clap own hands) old (clap your child's hands).
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**Extra Resources:** ( \* new this week )

\* Phonemic Awareness Practice with Mrs Rock (Purple Book)- <https://youtu.be/r8MzuQQ23Zo>

\* Rolling Hills Zoo near Salina is “Bringing the Zoo” to you every weekday.

<https://www.facebook.com/watch/rollinghillszoo/661939851046326/>

\* Sunset Zoo in Manhattan presents “Tune in at Two” at 2:00 CDT.

<https://www.facebook.com/sunsetzoo/>

\* The Cincinnati Zoo and Botanical Gardens “Zoo Babies” is presented daily through May 31.

<https://www.facebook.com/events/517049085871277/>

\*The Cincinnati Zoo and Botanical Gardens “Home Safari” is live every weekday at 2:00 CDT through May 31.

<https://www.facebook.com/events/2925418884405951/>

IXL <https://www.ixl.com/>

Chapman School Libraries Facebook page

USD 473 Social Work/School Counseling Services Facebook page

<https://www.vooks.com/>

GoNoodle <https://app.gonoodle.com/login>

Conscious Discipline <https://consciousdiscipline.com/>,

Laurie Berkner Band [https://www.youtube.com/channel/UCQ9o9F8HYJV85XjciUS86\\_Q](https://www.youtube.com/channel/UCQ9o9F8HYJV85XjciUS86_Q)

Laurie Berkner Band Facebook Page - Join Laurie for Live Berkner Breaks most weekdays at 9:00 a.m. CST.

ABC Mouse <https://www.abcmouse.com/preschool>

ABCya <https://www.abcya.com/grades/prek>

Starfall <https://www.starfall.com/h/index-kindergarten.php>

LunchDoodles with Mo Willems <https://www.kennedy-center.org/education/mo-willems/>

Virtual Field Trips <https://www.weareteachers.com/best-virtual-field-trips/>

CosmicKids <https://www.youtube.com/user/CosmicKidsYoga>

Pete the Cat Books <http://www.petthecatbooks.com/>

There are also MANY books read aloud on YouTube. Go to YouTube and search by book title. This link can get you started.

[https://www.youtube.com/watch?v=SSr9Q\\_LMs7o](https://www.youtube.com/watch?v=SSr9Q_LMs7o)

FrogStreet is a great resource and their DIG Pre-K at home is FREE during this time

<https://digathome.frogstreet.com/>

## Zoo Book List:

[Animal Strike at the Zoo, It's True!](#) by Karma Wilson, illustrated by Margaret Spengler

[Be Nice to Spiders](#) by Margaret Bloy Graham

[The Biggest Shadow in the Zoo](#) by Jack Kent

[Curious George Visits the Zoo](#) by Margret and H. A. Rey

[A Day in the Life of a Zookeeper](#) by Nate LeBoutillier

[Dear Zoo](#) by Rod Campbell

[From Head to Toe](#) by Eric Carle

[Good Night, Gorilla](#) by Peggy Rathmann

[If Anything Ever Goes Wrong at the Zoo](#) by Mary Jean Hendrick, Illustrated by Jane Dyer

[If I Ran the Zoo](#) by Dr. Seuss

[I Want to Be a Zookeeper](#) by Dan Liebman

[My Heart is Like a Zoo](#) by Michael Drews

[My Visit to the Zoo](#) by Alike

[Never, Ever Shout in a Zoo](#) by Karma Wilson, illustrations by Doug Cushman

[1, 2, 3 to the Zoo, A Counting Book](#) by Eric Carle

[Paper Zoo](#) by Oscar Sabini

[Put Me in the Zoo](#) by Robert Lopshire

[A Sick Day for Amos McGee](#) by Philip C. Stead, illustrated by Erin E. Stead

[The View at the Zoo](#) by Kathleen Long Bostrom

[Through With the Zoo](#) by Jacob Grant

[A Trip to the Zoo](#) by Karen Wallace

['Twas the Day Before Zoo Day](#) by Catherine Ipcizade, illustrated by Ben Hodson

[Two at the Zoo, A Counting Book](#) by Danna Smith, illustrated by Valeria Petrone

[Z is for Zookeeper, An Alphabet Book](#) by Marie and Roland Smith, Illustrated by Henry Cole

[Zoo](#) by Gail Gibbons

[Zoo Animals](#) by Brian Wildsmith

[Zoo-Looking](#) by Mem Fox

[The Zoo's Grand Opening: An ABC and Counting Book](#) by Judith Drews

## PE Activities May 11-15

### Pick Three Fitness Tic-Tac-Toe

Sit and reach 10 seconds. Throw and catch a tissue 10x Run in place 20 seconds.	Butterfly stretch 10 seconds. Balance a tissue on your elbow and walk around. 15 jumping jacks.	V-stretch 10 seconds. Throw and catch a tissue only using your right hand 10 times. 20 forward arm circles.
Hurdle stretch 10 sec/leg Throw and catch a tissue only using your left hand 10 times.	V-stretch 10 seconds Balance a tissue on your head then stand up/sit down 10 times.	Sit and reach 10 seconds Put a tissue on your face, blow and catch 10 times.

10 Sit-Ups	10 pretend jump ropes	15 jumping jacks
10 neck rolls Put a tissue on your face, blow and catch 10 times. Favorite dance move 30 seconds	Sit and reach 10 seconds Throw and tissue in the air and catch on your knee. 20 backward arm circles	Butterfly stretch 10 seconds. Throw a tissue up in the air and turn in a circle then catch. 5 Push-Ups

You will need a tissue or napkin.

Pick three boxes and complete all three activities in each box. Make sure you do three in a row for a tic-tac-toe.

### Music activities:

May 11-15

-**SING AND DANCE** with “Jump, Run and Shout! | Action song for kids | The Singing Walrus”

<https://www.youtube.com/watch?v=hft6uJQIF4g> Break out your best dance moves!!

- Find 3 metal sounds around your house. Play the **STEADY BEAT** with your favorite sound to a song you like.

- **CREATE SOUND EFFECTS** to go with your favorite story. Put on a show for your family. Or....Record your story with your sound effects and send it to a family member.






- LISTEN to the story: “**The First Music: A Folktale from Africa**” (Animated Stories for Kids) Enjoy the African musical sounds! <https://www.youtube.com/watch?v=EqGli-UrHPw>

# Kindergarten Choice Board

Week 7: May 11-15

Kindergarten-Week 7-The state recommends 45 minutes a day (pick activities to fill this time).

\*\*Child **READ** or parent **READ** to the child 20 minutes a day \*\*Practice **COUNTING** to 100 daily

<p><i>English Language Arts/Reading</i></p> 	<p><i>Writing</i></p> 	<p><i>Math</i></p> 	<p><i>Science/ Social Studies</i></p> 	<p><i>Specials</i> (PE &amp; Music-listed below) Social-Emotional</p> 
<p>Fill in the missing vowel (a,e,i,o,u), read the word, and illustrate your favorite.</p> <p>b_s p_n cl_ck j_mp t_nt fl_g j_g sp_ll m_p j_t sh_p p_nk r_d</p>	<p>Write numbers 0-80. Write numbers 0-20 by skip counting. (0,2,4, . . . )</p> <p>Write and count to 100 by 5's (nickels) and 10's (dimes).</p> <p>Do you have pennies, nickels, and dimes to count with?</p> <p>Can you make equations using pennies, nickels, and dimes?</p>	<p>Count:</p> <p>Start at 65 and count to 79.</p> <p>Start at 59 and count to 72.</p> <p>Start at 88 and count to 97.</p> <p>Start at 75 and count to 89.</p>	<p>Move It-Pushes and Pulls:</p> <p>Do the Hokey Pokey-brainstorm motion you did-shake, stand, bow. What is the favorite way you moved? Draw a picture of it.</p>	<p>Well-Being and Personal Health (spend extra moments with your mom this week-Mother's Day was on Sunday)</p> <p>Mindful Eating: Healthy Snack</p> <p>How do you feel after eating a healthy meal or snack? Do you notice a difference in your energy levels or your ability to focus when you eat healthy foods?</p> <p>Draw a picture of the healthy snack you ate.Tell mom or a family member why you like it.</p>

<p>Name and write each letter. Say the sound for each letter and name something that begins with the sound. Can you put the letters in alphabetical order?</p> <p>Jj Ww Zz Vv Xx Qq Yy Uu Kk Ee Hh Ff Gg Rr Ll</p>	<p>Days of the Week:</p> <p>Have an adult help you spell the days of the week as you write them. Remember to use a capital letter at the beginning of each word. What do you see at the end that all days of the week have in common?</p> <p>(The word day!)</p> <p>P.S. If you do this on notecards or separate pieces of paper, you could also practice putting the days of the week in the correct order.</p>	<p>Subtract:</p> <p>10-7 = __ 4-3 = __ 2-2 = __ 9-5 = __ 8-1 = __ 7-4 = __ 6-0 = __ 1-1 = __</p> <p>Add:</p> <p>5+5 = __ 6+3 = __ 7+3 = __ 4+4 = __ 8+1 = __ 9+0 = __ 3+5 = __ 4+6 = __</p>	<p>Find an object in your house.</p> <p>Look at it, move it and write a sentence:</p> <p>My _____ moves _____ _.I make it move by _____</p> <p>Ex: My car moves fast. I make it move by pushing it.</p>	<p>An Attitude of Gratitude:</p> <p>Each night before bed or first thing in the morning, tell your mom or a family member something that you are grateful for in your life. Describe how this thing makes you feel. By engaging in this practice regularly, you develop an attitude of gratitude.</p>
<p>Fix the sentence:</p> <p>what is the wet pet</p> <p>Remember to start with a capital letter, leave space between words, and end with a punctuation mark (. , ? , !)</p> <p>Read and illustrate your sentence.</p>	<p>Write the missing word to finish each sentence.</p> <p>are that yellow do from go blue said what when</p> <p>The box is ____him. I can ____with you. ____ can I do? Did you see ____? ____is your birthday? The sun is _____. I____I can help. ____you like to jump? Where ____ you? The sky is _____.</p>	<p>Solve these word problems. Write the equation.</p> <p>1. Joey has two toy boxes. One is brown and one is blue. He has 10 cars total. He has to put 4 cars in the brown box. How many cars will he put in the blue box?</p> <p>2. Linda has two flower vases. One is pink and one is purple. Linda has 12 flowers. She put 6 flowers in the pink vase. How many flowers does she have to put in the purple vase?</p>	<p>Make a T-chart. On one side write PUSH and on the other side write PULL.</p> <p>Under each column draw 2 things you push and 2 things you pull.</p>	<p>Mindful Listening-The Magic of Music:</p> <p>Find a song that makes you happy. Spend some time with your mom or another family member listening to music that brings you joy or makes you feel better about life. If your music makes you want to dance, move around, do it.</p>



<p><b>Syllable Count:</b> Lay 4-5 coins, buttons, or other such objects in a line on the table. "Push up" the syllables as you say a word. Be sure to start at the left and work to the right like you are reading a word. Ex. gum (1) alligator (4) exercise (3) apple (2)</p> <p>Practice with a partner counting syllables in other words you choose. Supply 1 rhyming word for each group.</p> <p>straight, wait, ____ green, screen, ____ splurge, urge, ____ split, kit, ____ troll, scroll, ____ string, sing, ____</p>	<p>Write letter v or letter z or letter y to complete each word. Draw a picture for each word.</p> <p>__ip __an __um __et __est __es __oo __ell __ap __oom __ak __am</p>	<p>Solve these word problems and write the equation.</p> <p>1. Jan has 7 yellow eggs and 3 white. How many eggs does she have altogether?</p> <p>2. Ashley had 10 apples and her brother ate 8 of them. How many does she have left?</p> <p>3. Brian picked 4 yellow flowers and 4 white flowers. How many flowers does he have altogether? Trace your hands with chalk on the sidewalk. Write your numbers by 10's inside of the hands to 100!</p>	<p>Play bottle bowling.</p> <p>* Set up bottles for a bowling game. Using a ball, take turns with your family bowling. Discuss the forces of the different pushes (how hard they roll the ball in relation to how many bottles fall down).</p> <p>*Next, fill the bottles halfway with water. Play again. Discuss forces again. Are the heavier bottles harder to knock down?</p> <p>Do they go in the same direction, different directions, etc. Why do you think this?</p>	<p>These Feet Were Made For Walking:</p> <p>Go for a brisk 20-30 minute walk around your neighborhood with your mom or another family member. Have them leave their phone at home and spend this time outside observing the surroundings. Enjoy nature. Notice flowers, trees, rocks, and other details around you. What do you see, hear, smell and feel? What do you notice that you had not seen before? New awakenings abound.</p>
<p>Supply 1 rhyming word for each group.</p> <p>straight, wait, ____ green, screen, ____ splurge, urge, ____</p> <p>split, kit, ____ troll, scroll, ____ string, sing, ____</p>	<p>Months of the Year:</p> <p>Same activity as "Days of the Week" above, but using names of the 12 months instead.</p>	<p>Trace your hands with chalk on the sidewalk. Write your numbers by 10's inside of the hands to 100!</p>	<p>Watch Forces Can Push or Pull</p> <p><a href="https://youtu.be/E-SnC_WKsCg">https://youtu.be/E-SnC_WKsCg</a></p> <p>I</p>	<p>Escape Into Drawing:</p> <p>Make a book for mom or grandma. Draw pictures and tell them what you love about them.</p> <p>Ex. I Love My Mom Because She _____ with me. Write and draw you doing this with Mom.</p>

**Kindergarten Extra Resources:**

- Chapman School Libraries FaceBook page,  
<https://app.gonoodle.com/login>  
<https://www.abcya.com/>  
<https://www.starfall.com/>  
<https://consciousdiscipline.com/>  
<https://www.abcmouse.co>



[www.ReadingIQ.com/redeem](http://www.ReadingIQ.com/redeem)

<https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

<https://www.gamesforyoungminds.com>

[www.raisingdragons.com](http://www.raisingdragons.com)

[www.Khanacademy.org](http://www.Khanacademy.org)

<http://www.mysterydoug.com>

[www.storylineonline.net](http://www.storylineonline.net)

<http://wideopenschool.org>

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