

Choice Boards for 6th week 5/4/20-5/8/20

Preschool/Pre-K Choice Board for the Week of May 4-8 - Week 6

Theme: Gardening

Please try to pick 3-5 activities each day to meet the state recommended 30 minutes of instruction time.

Reading Read or listen to a book every day.	Writing Practice writing your name every day.	Math Count to 31 on the calendar every day.	Social-Emotional Say "I love you" every day.
Make a list of words that rhyme. Circle the letters that are the same. Can the children think of additional words that end with the same sound?	Write letters on plastic plates with a permanent marker. Have your child roll the playdough and place it on top to form the letters. Challenge them to make an item that starts with that sound with their playdough.	*Make spy glasses for "spying" shapes by wrapping construction paper around paper towel or toilet paper rolls.	Fitness Learning Trail- Click for printable/readable worksheet
Mary Had a Little Lamb- Click here for printable worksheet Clap, jump, or snap to the beat of our rhyme this week, "Mary had a Little Lamb".	Nature Worksheets- Click here for printable worksheet	Connect the Dots- Click for the printable	Use sidewalk chalk to draw some nice pictures on your driveway for others to see as they walk by your house.
Gardening Activity: What does a seed need to grow? Brainstorm with your child and write down their responses. Take five cups and draw the following as shown: soil, water, sun, air soil, water, air soil, water, sun soil, sun, air sun, air, water Plant several bean seeds in each cup. Encourage the children to predict what will happen. Observe. Evaluate predictions after several weeks.	Gardening Activity: Colorful Garden of Words- Click here for printable worksheet	Gardening Activity: Charting a Garden- Click here for a printable worksheet	Gardening Activity: (Tune: "The Farmer in the Dell" Let's all plant some seeds, (Pretend to dig.) Let's all plant some seeds. Hi, ho, it's spring you know, Let's all plant some seeds. *The rain begins to fall... (Wiggle fingers down.) *The sun warms the earth... (Arms over head.) *The seeds begin to grow... (Pretend one arm is a plant.)

<p>Nature Scavenger Hunt- Click here for printable worksheet</p>	<p>Write and Draw Outdoors Keep writing utensils, paper, and a clipboard outside for your child to use. Trace a leaf. Write words of things you see. Draw with chalk on trees, stumps, or rocks. Make a crayon rubbing of an interesting texture. Use a stick to write your name in the dirt. Sketch a bug.</p>	<p>Sheep Subtraction- Click here for printable worksheet</p>	<p>It's a new month! Keeping an attitude of gratitude is especially important. Designate a poster in the hall as your "thankful board". Children can attach sticky notes or draw pictures of things they are thankful for throughout the month.</p>
<p>Watch the YouTube video Tops and Bottoms by Janet Stevens.</p> <p>https://www.youtube.com/watch?v=Qj7_IdQTZBc</p> <p>In the story what vegetables grow underground? They are the "bottoms". What vegetables grow above ground? They are the "tops". What vegetable grows in the middle?</p>	<p>Ask your child to draw what they would want their garden to look like.</p> <ol style="list-style-type: none"> 1) Explain that they should think about what they want to draw and plan how they are going to do it. Suggest they close their eyes and get a picture in their brain. 2) Remind them to add details. The more details you add to your drawings the more interesting they will be. 3) An easy rule for children to follow is to ask them to use as many colors as they are in age. If you are five, you should use at least five colors in your picture. If you are six use at least six colors, and so forth. And, of course, "fill in the page" is always a challenge. 4) Compare and contrast illustrations. Show your child several books with different gardens. Which illustrations do they like best? Why? 	<p>Make your own calendar for the month of May. You can use a piece of paper or poster board or print off a blank calendar and fill in the numbers. Write or draw any special days like birthdays or holidays. You can mark off each day with an X.</p>	<p>Bedtime Ritual: Practice saying goodnight. Just like in the story "Goodnight Moon" by Margaret Wise Brown, children find it soothing to know that the world around them is going to sleep when they do. Sit quietly with your child on the bed, and say goodnight to various things in the room. After saying goodnight to the car poster, the clock, the toy train, and the stuffed animals, it's time to say goodnight to each other, too. You can listen to "Goodnight Moon" here. https://www.youtube.com/watch?v=1ZTnwKLKVhc</p>

Additional Activities for our Younger Preschool Students and Additional Resources

Reading Read or listen to a book every day.	Writing Practice writing your name every day.	Math Count to 10 every day.	Social-Emotional Say "I love you" every day.
<p>Watch the YouTube video <u>Up in the Garden and Down in the Dirt</u> by Kate Messner, illustrated by Christopher Silas Neal.</p> <p>https://www.youtube.com/watch?v=mHkUnyJzORM&t=292s</p>	<p>Fine Motor Activity: Lacing</p> <p>Lacing is a great activity to help children develop their fine motor skills. We like to cut shapes out of cereal boxes. Then we poke holes around the edge and use a shoestring or a piece of yarn for sewing. This link has more suggestions.</p> <p>https://teachingmama.org/fine-motor-skill-lacing/</p>	<p>Investigate worms. As your children dig in the dirt this week, encourage them to investigate any worms they see. Have them count the worms. Compare the worms' size and length. Are some worms more wiggly than others? Is the worm fast or slow? Did the worm try to pull away or try to go back into the ground? What else did you learn about worms? Here's a link to a video about earthworms.</p> <p>https://www.youtube.com/watch?v=-zc_1vjLnI</p>	<p>I Love You Rituals: "Mary Had a Little Lamb" Mary had a little lamb Whose fleece was white as snow. And everywhere that Mary went, The lamb was sure to go. It followed her to school one day; Everything was new. The children were surprised to see The lamb was really you!</p> <p>Here is a video of several I Love You Rituals in a 1st grade class. https://www.youtube.com/watch?v=uY1p70a-xpg</p>

Extra Resources: (* new this week)

* Phonemic Awareness Practice with Mrs Rock and Mrs. Brown (Purple Book)- <https://youtu.be/f5Og7eedfcg>

IXL <https://www.ixl.com/>

Chapman School Libraries Facebook page

USD 473 Social Work/School Counseling Services Facebook page

<https://www.vooks.com/>

GoNoodle <https://app.gonoodle.com/login>

Conscious Discipline <https://consciousdiscipline.com/>,

Laurie Berkner Band https://www.youtube.com/channel/UCQ9o9F8HYJV85XjciUS86_Q

Laurie Berkner Band Facebook Page - Join Laurie for Live Berkner Breaks most weekdays at 9:00 a.m. CST.

ABC Mouse <https://www.abcmouse.com/preschool>

ABCya <https://www.abcya.com/grades/prek>

Starfall <https://www.starfall.com/h/index-kindergarten.php>

LunchDoodles with Mo Willems <https://www.kennedy-center.org/education/mo-willems/>

Virtual Field Trips <https://www.weareteachers.com/best-virtual-field-trips/>

CosmicKids <https://www.youtube.com/user/CosmicKidsYoga>

Pete the Cat Books <http://www.petethecatbooks.com/>

There are also MANY books read aloud on YouTube. Go to YouTube and search by book title. This link can get you started.

https://www.youtube.com/watch?v=SSr9Q_LMs7o

*FrogStreet is a great resource and their DIG Pre-K at home is FREE during this time

<https://digathome.frogstreet.com/>

Gardening Book List:

And Then It's Spring by Julie Fogliano, illustrated by Erin E. Stead

The Carrot Seed by Ruth Krauss, pictures by Crockett Johnson

Counting in the Garden by Emily Hruby

Flower Garden by Eve Bunting, illustrated Kathryn Hewitt

From Seed to Plant by Gail Gibbons

My Garden by Kevin Henkes

The Gardener by Sarah Stewart, pictures by David Small

Green Bean! Green Bean! by Patricia Thomas, illustrated by Trina L. Hunner

Growing Vegetable Soup by Lois Ehlert

Jack's Garden by Henry Cole

Lola Plants a Garden by Anna McQuinn, illustrated by Rosalind Beardshaw

Muncha! Muncha! Muncha! by Candace Fleming

One Bean by Anne Rockwell, illustrated by Megan Halsey

Planting a Rainbow by Lois Ehlert

Plant the Tiny Seed by Christie Matheson

The Tiny Seed by Eric Carle

Tops and Bottoms by Janet Stevens

Up in the Garden and Down in the Dirt by Kate Messner, illustrated by Christopher Silas Neal

We Are the Gardeners by Joanna Gaines, illustrated by Julianna Swaney

PE Activities May 4th-8th

Field Day Idea:

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[PDF ONLY](#) Description cards to explain the activities

[LINK](#) Video of activities.

Locomotor Skills: Race someone in your family and do each skill down and back from a tree, sidewalk/driveway or around your house. Who is the fastest in your family?

- * Run
- * Hop on one foot (switch halfway).
- * Gallop
- * Hop on two feet
- * Skip
- * Slide sideways
- * Bear Crawl
- * Crab Walk
- * Leap Frog
- * Grapevine/Carrioca (1st-2nd)

Keep working hard and have FUN!

Music activities:

May 4 - May 8

-Here is a very FUN activity with instruments—just click or drag the instruments and hear what they sound like:

<https://pbskids.org/daniel/games/music-shop/>

-“**IT’S MAY**”—sing this song to the tune of “The Farmer In The Dell”

Verse 1

M-A-Y spells May

M-A-Y spells May

The 5th month of the year

M-A-Y spells May

Verse 2

Kids go out to play

All through the month of May

31 days of sunny fun

And then the month is done

-Do the “**CHICKEN DANCE**” game. Be sure to do your own chicken dance!!

<https://pbskids.org/peg/games/chicken-dance>

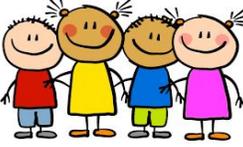
-Listen to the book **ALLEGRO** <https://www.youtube.com/watch?v=9VpCJITjuvc>

Kindergarten Choice Board

Week 6: May 4-8

Kindergarten-Week 6- The state recommends 45 minutes a day (pick activities to fill this time).

Child **READ or parent **READ** to the child 20 minutes a day **Practice **COUNTING** to 100 daily

<p><i>English Language Arts/Reading</i></p> 	<p><i>Writing</i></p> 	<p><i>Math</i></p> 	<p><i>Science/ Social Studies</i></p> 	<p><i>Specials</i> (PE & Music=listed below) Social-Emotional</p> 
<p>Write a few simple sentences about your Mom and illustrate what you love to do with your Mom.</p>	<p>Write numbers 0-70.</p> <p>Have fun and practice writing your numbers in different creative ways.....markers, crayons, pencils, sidewalk chalk, water paint.....</p>	<p>Take a walk outside and count the number of bird nests you can find on your walk.</p>	<p><i>Weather</i></p> <p>Create a chart to track the weather for a week. Be sure to tell the temperature, precipitation, and cloud cover for each day.</p>	<p><i>Self Control</i></p> <p>*We control the words we choose to say, the ideas we choose to think, the actions of our body, and even our own feelings. By having self-control, we can carefully choose kind words over hurtful words when faced with conflict.</p> <p>On a piece of paper draw yourself showing self control. On the back draw yourself not showing self control.</p>
<p>Write letter a, e, i, o, or u to finish each word. Draw a picture for 5 words.</p> <p>c__t t__b b__s t__p p__n n__t s__n r__g p__t f__n f__x p__p l__d c__p c__b m__g l__g d__t g__m h__t h__g dr__m tr__ck s__ck cr__b cl__ck sl__d l__ck d__sk qu__lt qu__ck gl__d cl__b</p>	<p>Draw a picture & write a note to mail to a relative or friend. Have your parents help you write your address on the envelope & place a stamp in the right corner before you mail it. Talk about where your return address is written.</p>	<p>Write and solve these equations.</p> <p>*Jan saw 3 butterflies and Jon saw 6. How many butterflies did they see altogether?</p> <p>*James had 9 M&Ms and his sister Riley ate 5 of them. How many did James have left?</p>	<p>Watch a real meteorologist teach lessons about the weather.</p> <p>https://fox4kc.com/weather/school-day-at-home-fox4-meteorologists-provide-weather-lessons-in-special-presentation/</p>	<p><i>Calming Yourself</i></p> <p>Create a "Calm Down" jar filled with activities that you can use when you are feeling nervous or angry. Ideas to draw or write on the cards: listen to music, read a book, and ask for help.</p>

<p>Sight/popcorn word hide and seek. Pick 10 words. Write them on cards. Have someone hide them around the house. When you find them, read and write the words down.</p>	<p>Write each word with a rhyming word next to it. (day,back,wake,cub)</p>	<p>Complete each equation. $10 + 0 = \underline{\quad}$ $10 + 1 = \underline{\quad}$ $10 + 2 = \underline{\quad}$ $10 + 3 = \underline{\quad}$ $10 + 4 = \underline{\quad}$ $10 + 5 = \underline{\quad}$ $10 + 6 = \underline{\quad}$ $10 + 7 = \underline{\quad}$ $10 + 8 = \underline{\quad}$ $10 + 9 = \underline{\quad}$ $10 + 10 = \underline{\quad}$</p>	<p>Create a picture book using 5 weather vocabulary words Each page should have a labeled picture of your word. Ex. sun, thermometer, tornado, thunderstorm, blizzard, cloudy...</p>	<p>Play Freeze Dance *No materials needed for this game! In an open space, play music. Dance while the music plays, and when the music stops, freeze! If you want to add a layer of difficulty, when you freeze, strike a yoga pose.</p>
<p>Read a familiar book with an adult. Practice tracking with your finger under each word as you read. If you get stuck, practice your <u>High 5</u>.</p> <p>1-Get your mouth ready to say the first sound. 2-Push up each sound with your tracking finger. 3-Look for chunks you know. Ex. sh, th, ee 4-Does it sound right? Does it sound like a word you know? 5-Reread. Does it make sense in the sentence?</p>	<p>Pantry Scavenger Hunt</p> <p>Write the letters of the alphabet on a piece of paper. Then search through the cupboard or pantry for a word that begins with or contains that letter. Do you recognize the word? Can you read it? Mark it off on your paper.</p>	<p>Make a May Calendar:</p> <p>Practice saying your numbers 0 to 31 while you write them. Write special days on your calendar like May Day, birthdays, Mother's Day & other special days. Draw a flower on May 1st for May Day. How many days are in a week?</p>	<p>Pretend you are a drop of water. Act out your journey through the water cycle-describe condensation evaporation precipitation</p> <p>Watch the water cycle video: https://youtu.be/Oq8iCsV4woE</p>	<p>Stretch from Head to Toe!</p> <p>Yoga helps in stressful moments.</p> <p>Snake, Cobra, Sphinx, Seal, Swan (bend legs)</p> <p>(Lie on your tummy, place palms flat next to your shoulders, press into hands, lift head and shoulders off ground, and hiss like a snake.)</p> 
<p>Word Hop</p> <p>Have an adult say a short sentence. Take one hop forward for each word as you repeat the sentence back to them.</p> <p>Ex. I like candy. 3 My friend is nice. 4 Cindy eats hamburgers. 3 Dogs and cats play together. 5</p>	<p>"Paint" your popcorn words outside on the sidewalk or driveway with a paintbrush or sponge and a bucket of water.</p>	<p>Play this card game: Find it here:</p> <p>YouTube GatherTogetherGames How to Play Garbage (card game)</p>	<p>Sun warms the earth's surface. Create a structure to keep an ice cube from melting. Draw a structure and use things in your house to create it, like paper, popsicle sticks, playdoh, tape, toothpicks, etc. Place an ice cube in a ziploc, cover it with your structure. Did it work?</p> <p>See video for example: https://betterlesson.com/lesson/resource/3292564/place-in-the-shade-mp</p> <p>4</p>	<p>When a big emotion hits us, there are a few steps we can take to make sure we're acting with self-control! Practice these steps:</p> <ol style="list-style-type: none"> 1. Stop (put hands up like a stop motion) 2. Think (point to head) 3. Act (cross arms and smile) <p>Watch Cookie Monster practice self control: https://youtu.be/9PnbKL3wuH4</p>

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Kindergarten Extra Resources:

Chapman School Libraries FaceBook page,

<https://app.gonoodle.com/login>

<https://www.abcya.com/>

<https://www.starfall.com/>

<https://consciousdiscipline.com/>

<https://www.abcmouse.co>

www.ReadingIQ.com/redeem

<https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

<https://www.gamesforyoungminds.com>

www.raisingdragons.com

www.Khanacademy.org

<http://www.mysterydoug.com>

www.storylineonline.net

<http://wideopenschool.org>

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