

First Grade Choice Board

Week of April 20th-24th

These are learning opportunities that you may choose to do at home with your child.

Reading	Writing	Math	Specials PE, Music, Social-Emotional
<p>Read: Read for 20 minutes EVERY day.</p> <p>** books, magazines, cereal boxes, EPIC! Website</p>	<p>Sentence Writing: Write three to five sentences to tell what you are observing to know that spring is coming.</p>	<p>Number Writing: Write your numbers backward from 120 to 0.</p> <p>*Challenge* Start with a bigger number and go backward.</p>	<p>PE:</p> <p>See activities listed below or pick an activity of your own.</p>
<p>Author's Purpose: Read a book with someone and think about what the author's purpose was? (entertain, inform, teach)</p>	<p>Sight Words: Write the following words in a fun way.</p> <p>water, long, little, very, after</p>	<p>Missing Addend: $6 + \underline{\quad} = 14$ $8 - \underline{\quad} = 2$ $15 - \underline{\quad} = 8$ $7 + \underline{\quad} = 19$ $10 + \underline{\quad} = 17$ See if you can write some of your own problems.</p>	<p>Music:</p> <p>See activities listed below or pick an activity of your own.</p>
<p>Rhyming: Start with the word boat and then write or say 10 words you can make by just changing the first sound.</p> <p>Ex. boat- goat</p>	<p>Lists: Make a list of nouns (person, place, or thing) and a list of verbs (action words).</p>	<p>Word problems: Write a number sentence and draw a picture to go with it.</p> <p>Bob has 10 ducks and Jill has 6 ducks. How many fewer ducks does Jill have than Bob?</p> <p>Sarah has 14 snacks. Amy has 5 snacks. How many more snacks does Sarah have?</p>	<p>Social-Emotional:</p> <p>What does kindness mean to you? Come up with a creative project to show what kindness is and what it means to you (this can be expressed through drawing, writing, singing, acting, etc.)!</p> <p>Please feel free to share your creation with Ms. Mount or Ms. Stephanie!</p>
<p>Phonogram Sounds: Make of list of ten words that have the <u>long a</u> sound and then sort them by the phonograms:</p> <p>(play, make, chair)</p>	<p>Journaling: Write a journal entry about your day. Write at least three sentences.</p>	<p>Tally Marks: Make a tally mark for every time you eat a snack throughout the day. Make a prediction before you start the day and see if you were close to your estimate.</p>	<p>Message:</p> <p>"BE A RAINBOW IN SOMEONE ELSE'S CLOUD."</p> <p>-Maya Angelou</p>

PE Activities April 20-24th

PE Mission Possible-Task Sheet

Complete each mission alone or with a family member.

Complete the mission in any order.

Once you're done go outside and yell as loud as you can "I COMPLETED THE MISSION"

Completed	Missions
	Do 3 sit-ups in each corner of a room.
	Skip one lap around the outside of the house.
	Do 10 jumping jacks in each room.
	Go touch 4 different things outside.
	Hop on one foot from one room to the other.
	Do 15 pretend basketball shots. Nothing but net!
	Jog in place and sing "Row, Row, Row Your Boat"
	Pretend to jump rope for 30 seconds.
	Do your favorite dance move for 30 seconds.
	Time yourself running around the outside of your house.
	See if you can beat your time running around the outside of your house.
	High five each person in your family and say "we got this!"

Keep working hard and have FUN!

Music activities:

April 20-24

-**Watch and join along with the BEAT:** The Music Show Episode #1: [The Beat Is the Heart of Music](https://www.youtube.com/watch?v=0kaX2l413p8)
<https://www.youtube.com/watch?v=0kaX2l413p8>

-**Watch, sing and act:** Baby Shark Dance | Sing and Dance! | [@Baby Shark Official](https://www.youtube.com/watch?v=XqZsoesa55w) | PINKFONG Songs for Children <https://www.youtube.com/watch?v=XqZsoesa55w>

-Make another instrument from items around your house; play a recording of **SLOW** music and play the **BEAT** on your instrument; then play **FAST** music and add your **BEAT!!!** Everyone in your family can make an instrument. Then you will have a **BAND!**

-**LISTEN** to a song you like and **DRAW** a picture of how it makes you feel.

-Hold a spatula as your microphone and **SING** your favorite songs.