

## Choice Boards for 5th week 4/27/20-5/1/20

### Preschool/Pre-K Choice Board for the Week of April 27-May 1 - Week 5 Theme: The 3s (3 Bears, 3 Billy Goats, 3 Pigs, and 3 Kittens, too)

Please try to pick 3-5 activities each day to meet the state recommended 30 minutes of instruction time.

<b>Reading</b> Read or listen to a book every day.	<b>Writing</b> Practice writing your name every day.	<b>Math</b> Count to 31 on the calendar every day.	<b>Social-Emotional</b> Say "I love you" every day.
<p>Watch the YouTube video <u><a href="https://www.youtube.com/watch?v=kQgZXtCGIBI">Goldilocks and the Three Bears</a></u> by Jan Brett. <a href="https://www.youtube.com/watch?v=kQgZXtCGIBI">https://www.youtube.com/watch?v=kQgZXtCGIBI</a></p> <p>Now watch this variation called <u><a href="https://www.youtube.com/watch?v=LUOMsrY3Y-U">Goldi Rocks and the Three Bears</a></u> by Corey Rosen Schwartz and Beth Coulton, illustrated by Nate Wragg. <a href="https://www.youtube.com/watch?v=LUOMsrY3Y-U">https://www.youtube.com/watch?v=LUOMsrY3Y-U</a></p>	<p><u><a href="#">Hot Cross Buns Coloring Sheet- Click here for printable</a></u></p>	<p>Say a shape and have your child walk around the room and touch something that matches the shape.</p>	<p>Since we have been out of school for a while your children may be wondering why they can't come to school. This video is a read aloud that explains why we are all staying home right now. <a href="https://www.youtube.com/watch?v=LwkkAoNSwUQ">https://www.youtube.com/watch?v=LwkkAoNSwUQ</a></p>
<p>Watch the YouTube video <u><a href="https://www.youtube.com/watch?v=aNMBhGPU1_U">The Three Billy Goats Gruff</a></u> by Paul Galdone. <a href="https://www.youtube.com/watch?v=aNMBhGPU1_U">https://www.youtube.com/watch?v=aNMBhGPU1_U</a></p> <p>Now watch this variation called <u><a href="https://www.youtube.com/watch?v=JCix0jVos9A">The Three Billy Goats Fluff</a></u> by Rachael Mortimer, illustrated by Liz Pichon. <a href="https://www.youtube.com/watch?v=JCix0jVos9A">https://www.youtube.com/watch?v=JCix0jVos9A</a></p>	<p>Play Dough Disco! Use some playdough and dance with this video. <a href="https://www.youtube.com/watch?v=zJQ2CaA7E50&amp;feature=youtu.be">https://www.youtube.com/watch?v=zJQ2CaA7E50&amp;feature=youtu.be</a></p>	<p><u><a href="#">3 Billy Goats Math- Click here for printable worksheet</a></u></p>	<p>(Tune: "Are You Sleeping?" - Children repeat each line.) I have manners, I have manners, Every day, Every day. If I want something, If I want something "Please," I'll say. "Please," I'll say. I have manners, I have manners, Every day, Every day. When someone is nice, When someone is nice, "Thanks," I'll say. "Thanks," I'll say.</p>
<p>Watch the YouTube video <u><a href="https://www.youtube.com/watch?v=kaNbGQ2gOkc">The Three Little Pigs and the Somewhat Bad Wolf</a></u> by Mark Teague. <a href="https://www.youtube.com/watch?v=kaNbGQ2gOkc">https://www.youtube.com/watch?v=kaNbGQ2gOkc</a></p> <p>Watch this variation, too. <a href="https://www.youtube.com/watch?v=73cEdKZMT9g">https://www.youtube.com/watch?v=73cEdKZMT9g</a></p> <p>Here's one more. This is one of my favorites. <a href="https://www.youtube.com/watch?v=HEKFsRTQK-w&amp;list=PLkP_3Wlt1jKWDP6eSURQYJt2oz31njOgX&amp;index=2&amp;t=0s">https://www.youtube.com/watch?v=HEKFsRTQK-w&amp;list=PLkP_3Wlt1jKWDP6eSURQYJt2oz31njOgX&amp;index=2&amp;t=0s</a></p> <p>Now read and follow a recipe to make pigs-in-a-blanket. <a href="https://www.pillsbury.com/everyday-eats/appetizers/game-day-appetizer-ideas">https://www.pillsbury.com/everyday-eats/appetizers/game-day-appetizer-ideas</a></p>	<p><u><a href="#">Real vs Make Believe- Click here for printable worksheet</a></u></p>	<p><u><a href="#">3 Bears Sequencing- Click here for printable worksheet</a></u></p>	<p>Let your child dress up like their favorite character from a fairy tale. Encourage them to retell the story and explain why they chose that character.</p>

<p>Have a Teddy Bear Party! Invite several of your teddy bears to the party. If you can, write or draw the story of what you did at the party!</p> <p>Use details to tell more. We ate ____ and ____. The biggest bear was ____. There was a ____ bear there. There was a ____ bear too.</p>	<p>Pencil Grip- Check out this website for some great tips on practicing correct pencil grip. <a href="http://drjeanandfriends.blogspot.com/2019/09/pencil-grip.html?utm_source=feedburner&amp;utm_medium=email&amp;utm_campaign=Feed%3A+DrJeanFriends+%28Dr.+Jean+%26amp%3B+Friends%29">http://drjeanandfriends.blogspot.com/2019/09/pencil-grip.html?utm_source=feedburner&amp;utm_medium=email&amp;utm_campaign=Feed%3A+DrJeanFriends+%28Dr.+Jean+%26amp%3B+Friends%29</a></p>	<p><a href="#">3 Kittens Math- Click here for printable worksheet</a></p>	<p>Play Patty Cake together! Patty Cake is a great brain break to do when children are restless. *When you Patty Cake, you cross the midline which activates both sides of the brain. *It's good for eye-hand coordination. *Patty Cake encourages self-control.</p>
<p><a href="#">Syllable Count- Click here for printable worksheet</a></p> <p>You can help your child hear and see the syllables by clapping the beats as you say each word slowly. For example, clap 1 time as you say pig, and clap 3 times as you say umbrella.</p>	<p><a href="#">ABC Maze- Click here for printable worksheet</a></p>	<p>This math game is like “rock, scissors, paper.” Your child will need a partner. Children open one palm. Make a fist with the other hand and place it on the palm. The adult says, “I love math” as children tap their fist on their palm. On the word “math” the children stick out some fingers. Children add their fingers with their partner’s to determine how many in all. If they agree, they continue with the game. If they disagree, they have to work it out.</p>	<p><b>Bedtime Ritual:</b> Tell stories to your child at bedtime. These can be retellings of fairy tales or family lore. You can tell about something that happened during the day or something you imagine might happen tomorrow. Your child can tell stories, too. The story told has distinctive characteristics that make it an excellent technique to foster a young child’s oral language development and provide a rich foundation for literacy.</p>

### Additional Activities for our Younger Preschool Students and Additional Resources

<p style="text-align: center;"><b>Reading</b></p> <p style="text-align: center;">Read or listen to a book every day.</p>	<p style="text-align: center;"><b>Writing</b></p> <p style="text-align: center;">Practice writing your name every day.</p>	<p style="text-align: center;"><b>Math</b></p> <p style="text-align: center;">Count to 10 every day.</p>	<p style="text-align: center;"><b>Social-Emotional</b></p> <p style="text-align: center;">Say “I love you” every day.</p>
<p>Watch the YouTube video <a href="https://www.youtube.com/watch?v=LzK1-Ft8Em4">Three Little Kittens</a>, illustrated by Paul Galdone. <a href="https://www.youtube.com/watch?v=LzK1-Ft8Em4">https://www.youtube.com/watch?v=LzK1-Ft8Em4</a> What does the word 'soiled' mean? There are a lot of feelings and emotions portrayed in this story. What are some of them? Why did Mama Cat feel that way? Why did the kittens feel that way? Look in a mirror. Can you make your face look sad, glad, sorry, mad, happy, angry, and afraid?</p>	<p>Fine Motor Activity: 17 Squeezing Activities to Strengthen Hand Muscles <a href="https://teaching2and3yearolds.com/17-of-the-best-preschool-fine-motor-activities-that-involve-squeezing/">https://teaching2and3yearolds.com/17-of-the-best-preschool-fine-motor-activities-that-involve-squeezing/</a></p>	<p><b>STEAM (Science, Technology, Engineering, Art, Math) Activity:</b> Can you find or make props to act out the stories in this week’s Choice Board? Use 3 bowls, 3 spoons, 3 chairs, and 3 pillows for the 3 Bears. What can you use for a bridge? What do you have for the troll? Can you find 3 different “houses”? Maybe under the table could be one. Maybe on the loveseat could be another. Maybe you can push 2 chairs together to make a house. Use your imagination. Think about what happens 1st, 2nd, 3rd, and last. Did you forget anything? What else do you need to act out these stories?</p>	<p><b>I Love You Rituals:</b> <b>“Hot Cross Buns”</b> Hot cross buns. Hot cross buns. <i>(Clap your thighs with both hands, clap your hands together, then high 10. Repeat.)</i> <b>One a penny, two a penny, Hot cross buns.</b> <i>(Both you and your child hold up right hand index fingers. Touch them together. Then repeat with left hand index fingers. Then repeat above thighs, hands, high 10 sequence 1x.)</i> <b>Give them to your daughters.</b> <i>(Use your right hand to shake your child’s right hand.)</i> <b>Give them to your sons.</b> <i>(Use your left hand to shake your child’s left hand.)</i> <b>One a penny, two a penny, Hot cross buns.</b> Hot cross buns. Hot cross buns. <i>(Touch right hand index fingers. Touch left hand index fingers. Then repeat</i></p>

**Extra Resources:** ( \* new this week )

\* Phonemic Awareness Practice with Mrs Rock(Purple Book)- <https://youtu.be/Qa-wsF-0DNO>

IXL <https://www.ixl.com/>

Chapman School Libraries Facebook page

USD 473 Social Work/School Counseling Services Facebook page

<https://www.vooks.com/>

GoNoodle <https://app.gonoodle.com/login>

Conscious Discipline <https://consciousdiscipline.com/>,

Laurie Berkner Band [https://www.youtube.com/channel/UCQ9o9F8HYJV85XjeiUS86\\_Q](https://www.youtube.com/channel/UCQ9o9F8HYJV85XjeiUS86_Q)

Laurie Berkner Band Facebook Page - Join Laurie for Live Berkner Breaks most weekdays at 9:00 a.m. CST.

ABC Mouse <https://www.abcmouse.com/preschool>

ABCya <https://www.abcya.com/grades/prek>

Starfall <https://www.starfall.com/h/index-kindergarten.php>

LunchDoodles with Mo Willems <https://www.kennedy-center.org/education/mo-willems/>

Virtual Field Trips <https://www.weareteachers.com/best-virtual-field-trips/>

CosmicKids <https://www.youtube.com/user/CosmicKidsYoga>

Pete the Cat Books <http://www.petthecatbooks.com/>

There are also MANY books read aloud on YouTube. Go to YouTube and search by book title. This link can get you started. [https://www.youtube.com/watch?v=SSr9Q\\_LMs7o](https://www.youtube.com/watch?v=SSr9Q_LMs7o)

**The 3s Book List:**

Big Bad Wolf is Good by Simon Puttock, illustrated by Lynne Chapman

Deep in the Forest by Brinton Turkle

The Jolly Postman or Other People's Letters by Janet and Allen Ahlberg

The Three Bears by Paul Galdone

The Three Billy Goats Gruff by P. C. Asbjornsen and J. E. Moe, illustrated by Marcia Brown

The Three Billy Goats Gruff, pictures by Stephen Carpenter

The Three Billy Goats Gruff by Jerry Pinkney

**The Three Cabritos** by Eric A. Kimmel, illustrated by Stephen Gilpin

The 3 Little Dassies by Jan Brett

The Three Little Fish and the Big Bad Shark by Ken Geist, illustrated by Julia Gorton

The Three Little Javelinas by Susan Lowell, illustrated by Jim Harris

The Three Little Kittens by Jerry Pinkney

The Three Little Pigs: An Architectural Tale by Steven Guarnaccia

The Three Little Rigs by David Gordon

The Three Little Wolves and the Big Bad Pig by Eugene Trivizas, illustrated by Helen Oxenbury

The Three Ninja Pigs by Corey Rosen Schwartz, illustrated by Dan Santat

The Three Pigs by David Wiesner

**The Three Silly Billies** by Margie Palatini

The True Story of the Three Little Pigs as told to Jon Scieszka, illustrated by Lane Smith

The Wolf's Chicken Stew by Keiko Kasza

## PE Activities April 20-24th

### Flip A Coin Workout:

You will need a coin, ball and a jump rope. If you don't have a ball or jump rope use a pretend one.

#### Heads:

1st Flip	10 side-side jumps (line jumps)
2nd Flip	30 seconds jogging in place
3rd Flip	skip around outside of house
4th Flip	dribble a ball 15 times
5th Flip	20 jump ropes
6th Flip	10 forward/backward jumps
7th Flip	hop on one foot 10 times
8th Flip	run around the outside of house
9th Flip	dribble a ball 15 times
10th Flip	play favorite song and dance

#### Tails:

10 second standing toe touches
20 jumping jacks
hop on 2 feet around outside house
dance for 30 seconds
catch a ball 10 times
10 seconds butterfly stretch
hop on two feet 10 times
hop on 1 foot around the house
catch a ball 10 times
play favorite song and dance

**If you have time keep playing and make up your own activities. Have fun and be creative!**

**Locomotor Skills:** Race someone in your family and do each skill down and back from a tree, sidewalk/driveway or around your house. Who is the fastest in your family?

- \* Run
- \* Hop on one foot (switch halfway).
- \* Gallop
- \* Hop on two feet
- \* Skip
- \* Slide sideways
- \* Bear Crawl
- \* Crab Walk
- \* Leap Frog
- \* Grapevine/Carrioca (1<sup>st</sup>-2<sup>nd</sup>)

**Keep working hard and have FUN!**

### Music activities:

April 27-May 1

**-LISTEN** to the book: THE MUSIC IN ME <https://www.youtube.com/watch?v=kd2zUjhQddk>

-(Let's keep Earth Day going--**SING** "WE RECYCLE" (to the tune of "Are You Sleeping") The words are: We Recycle, We Recycle; Yes We do, Yes We Do; Caring For Our Planet, Caring For Our Planet; You Should too, You should too.

**-LISTEN** to "Flight of the Bumblebee" by Rimsky-Korsakov and **DRAW** a picture of the bumblebee flying.  
<https://www.youtube.com/watch?v=M93qXQWabDE>

**-SING** the theme song of your favorite cartoon.

# Kindergarten Choice Board

Week 5: April 27- May 1

Kindergarten-Week 5- The state recommends 45 minutes a day (pick activities to fill this time).

\*\*Child **READ** or parent **READ** to the child 20 minutes a day \*\*Practice **COUNTING** to 100 daily

<p><i>English Language Arts/Reading</i></p> 	<p><i>Writing</i></p> 	<p><i>Math</i></p> 	<p><i>Science/ Social Studies</i></p> 	<p><i>Specials</i> (PE &amp; Music-listed below) Social-Emotional</p> 
<p>Read a story with your parents. Discuss the characters, setting and the plot. Draw a picture to illustrate your favorite part.</p>	<p>Write numbers 0-60.</p> <p>Trace your hands with chalk outside, write and count by 5's (nickels) to 100.</p> <p>Write number words zero - ten.</p> <p>Illustrate using circles, squares, rectangles, and triangles. Can you make a picture?</p>	<p>There were 10 birds in the tree and four birds flew away. Write a number sentence and draw a picture to go with it.</p> <p>Now write your own number sentence for a subtraction math problem. Then you can draw a picture to go with it.</p>	<p><b>Earth Day is Everyday!</b></p> <p>*Do the 3 R's today</p> <p>Reduce-save plastic food containers and reuse them to put other things in.</p> <p>Recycle-save scrap paper to create an art project.</p> <p>Reuse-save toilet paper or paper towel rolls. Make binoculars out of them and go outside and observe bugs and birds.</p> 	<p><b>Take Mindful Minutes Each Day!</b></p> <p>Practice <i>Buzzing Bug Breath</i> today.</p> <p>-You are a buzzing bee! Spread your wings. Breathe in as you lift your arms up into the air. Hold for a brief moment. Let your arms gently fall down like flapping wings as you breathe out. On the out breath "buzz" for as long as you can.</p>
<p>Fix the sentence: i see six ducks in the pond</p> <p>Make sure your sentence starts with a capital letter and has punctuation at the</p>	<p>Write the correct word to complete each sentence. Be sure to use a capital letter if needed. where with they was like what said come</p> <p>I will go _____ you. _____ play with a ball.</p>	<p>Practice counting. Start at 55 and count to 72.</p> <p>Start at 78 and count to 85.</p>	<p>*Do an Earth day Scavenger Hunt</p> <ol style="list-style-type: none"> <li>1. Find 3 different kinds of leaves and make rubbings with a crayon.</li> <li>2. Find 3 different flowers or plants, draw them.</li> <li>3. Find 2 interesting</li> </ol>	<p>*Focus on your health</p> <p>-Think about what your 3 favorite healthy foods are. Draw pictures of them and tell your parents why you like them.</p>

<p>end. Use your neatest writing and leave space between words.</p> <p>Illustrate your sentence.</p>	<p>_____do you live? I _____to run fast. I will _____with you. _____can I do to help? I _____I will run fast. I _____the best one for the job.</p>	<p>Solve this problem, write the equation.</p> <p>Grandma has a blue vase and a red vase. Grandma has 10 flowers total. She puts 3 flowers in the red vase, how many flowers will she place in the blue vase?</p>	<p>shaped rocks, acorns or pinecones, etc. Observe them. If you have time draw them</p> <p>4. Pick up 4 pieces of litter, recycle or throw them away.</p> <p>5. Find wildlife record on a piece of paper what you saw.</p>	
<p>Use the letter 'u' to complete the word. Sound out each word. Draw a picture of your favorite word.</p> <p>c_p, r_g, m_d d_ck, n_t, b_n</p>	<p>Write a note or letter to someone you love. Tell that person why you love them.</p>	<p>Compare these numbers.</p> <p>G = Greater than L = Less than E = Equal</p> <p>4 = 4 7 G 5 6 L 9 3 _ 3 2 _ 4 8 _ 6 5 _ 5 6 _ 2 7 _ 10 9 _ 4 2 _ 1</p>	<p>*Do an Earth Day Alphabet activity</p> <p>Use scrap paper and write upper and lowercase letters on each small piece. Find 2 recycled containers. Write ABC on one and abc on the other. Crumble all pieces and drop them on the floor. Pick them up, read the letter and throw them into the containers .</p>	<p>Practice <i>Heart Breath</i> today.</p> <p>-Place your hands over your heart and close your eyes. Think of a happy place and imagine that you are there. Feel your chest rise and fall with each inhale and exhale. Relax.</p>
<p>Read a story with someone. Stop before the ending. Predict how the story will end and tell why you think that. Now finish the story. How did the story end? Tell a different way the story could have ended.</p>	<p>Put these words in correct order and write the new sentence. (fish, The, and, big, is, brown.)  (is, frog, and, The, small, green.)  (you, Did, the, black, see, bear?)  (the, I, M&amp;Ms!, green, like)</p>	<p>Make an April Calendar:</p> <p>Color in odd numbers green and even numbers blue for Earth Day. Say the numbers as you write and color them. Can you skip count by odds 1, 3, 5, 7, etc. And evens 2, 4, 6, 8 etc.</p>	<p>*Make the Earth out of shaving cream</p> <p>Divide shaving cream into 2 bowls. Stir in blue food coloring in one bowl and green in the other. Spread the shaving cream in a pan and make it look like the earth. You can even set animal figures in the pan with the earth.</p> 	<p>*Focus on your health</p> <p>Today think about activities that you do to get more exercise. Do your favorite type of exercise for 3 minutes. Ex. jumping jacks, run around the yard, run in place...</p>
<p>View youtube video on shoe tying:</p>	<p>Go on a word hunt around your house</p>	<p>Help your parents match socks!</p>	<p>*Sing the Earth Day Song</p>	<p>Practice <i>Cupcake Breath</i> today.</p>

<p><a href="https://www.youtube.com/watch?v=6cBtqh5P28">https://www.youtube.com/watch?v=6cBtqh5P28</a></p> <p>Practice tying your shoes every day until you can do it all by yourself!</p>	<p>and copy 10 words on a piece of paper that you can read and write.</p>	<p>Count the pairs by 2's.</p>	<p>(tune: Twinkle, Twinkle)  Earth Day, Earth Day,  Comes once a year.  But we should make our message clear.  Love and clean our earth each day. Make that plan a plan to stay.  Earth Day, Earth Day,  Comes once a year,  Love and care for our Earth so dear.</p>	<p>Pretend it's your birthday! What type of icing or sprinkles would you like on your cake? Before you take a bite, blow out the candle. Think of a positive wish. Breathe in through your nose, breathe out. Blow out the candle and make a wish.</p>
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**Kindergarten Extra Resources:**

Chapman School Libraries FaceBook page,

<https://app.gonoodle.com/login>

<https://www.abcya.com/>

<https://www.starfall.com/>

<https://consciousdiscipline.com/>

<https://www.abcmouse.co>

[www.ReadingIQ.com/redeem](http://www.ReadingIQ.com/redeem)

<https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

<https://www.gamesforyoungminds.com>

[www.raisingdragons.com](http://www.raisingdragons.com)

[www.Khanacademy.org](http://www.Khanacademy.org)

<http://www.mysterydoug.com>

[www.storylineonline.net](http://www.storylineonline.net)

<http://wideopenschool.org>

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- 10 seconds butterfly stretch
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