

Choice Boards for 3rd week 4/14/20- 4/17/20

Preschool/Pre-K Choice Board for the Week of April 13-17 - Week 3 Theme: Insects

Please try to pick 3-5 activities each day to meet the state recommended 30 minutes of instruction time.

Reading Read or listen to a book every day.	Writing Practice writing your name every day.	Math Count to 31 on the calendar every day.	Social-Emotional Say "I love you" every day.
Rhyming Words Match- Click for the printable	Spider Poem- Click for the printable	<p style="text-align: center;">Cereal Math</p> <p>Color/Shape Sorting - Pick different cereals and sort them by their colors/shapes.</p> <p>Put similar ones together (ex: chex and cinnamon toast crunch/ cheerios and fruit loops).</p>	<p>Make Communication Cards- Have a grown up write the words and you draw a picture of what that looks like.</p> <ul style="list-style-type: none"> *I can give a hug *I can smile *I can wave *I can point to a picture *I can give a high five. <p>After you make the cards mix them up and lay them upside down. Pick one and then do the action.</p>
Reading Log- Click for the printable	<p>Write and read each of these words:</p> <p>and you the</p> <p>See if you can use each of these by saying them in a sentence, too!</p>	<p>See how high you can count! Can you write that high, too? Can you jump that many times? Stand on one foot for that long?</p>	<p>Write "kindness lotion" on a bottle of lotion or sanitizer. (You could also use an empty bottle.) If your child is having a rough day (or if you are) have them put on a little kindness lotion and give the bottle for other family members to use, too. When everybody has some, rub your hands together as you say..."It smells like kindness. Give each other a big smile or a hug and move forward with your day!"</p> <p>*This is a perfect way to reset attitudes on rough days!</p>
<p>Insect Activity:</p> <p>Watch the YouTube video The Old Black Fly by Jim Aylesworth. https://www.youtube.com/watch?v=P1naBC6jvjc</p> <p>This is an alphabet book. The fly buzzes around something beginning with each letter of the alphabet. Can you name each thing? What starts with the same letter as your name? Draw a picture of it and the old black fly.</p>	<p>Insect Activity:</p> <p>Writing the letter Ii- Click for the printable</p>	<p>Insect Activity:</p> <p>Insect Memory Match- Click for the printable</p>	<p>Insect Activity:</p> <p>Trace both of your child's hands. Cut them out and lay the thumbs over top of each other and then glue or staple them. You made a butterfly! Allow your child to decorate their butterfly while you talk about whatever is on their mind today.</p>
<p>Make a set of "show me" cards for your child by writing the letters of the alphabet on 3" squares. Have children store these cards in a zip bag. Here are some ideas for the show me cards: Arrange them on the floor or table in alphabetical. Lay out the letters in random order, faceup, call out a letter and see</p>	<p>Go on an insect hunt. Tell a story about one or more of the insects you found. If you can, write or draw the story you just told! Use details to tell more.</p> <p>I saw a ____ and a ____.</p> <p>The ____ insect was ____.</p> <p>It was on the ____.</p> <p>The ____ insect was ____.</p>	<p>Bee Subtraction- Click for the printable</p>	<p>Social Story: Coronavirus Is a Big Word</p> <p>Download a free social story to address children's uncertainty and sooth their anxiety about the Coronavirus. It provides age-appropriate information and</p>

<p>how fast your child can slap the letter. (They could use a flyswatter.) Have your child trace the letter with their finger as they follow the letter shape.</p>	<p>It was in the ____. I felt ____ when I saw the insects.</p>		<p>gives you the words to use, and is available when you sign up for a free account. https://consciousdiscipline.com/resources/coronavirus-is-a-big-word-social-story/</p>
<p>How Many Syllables- Click for the printable</p>	<p>Egg to Butterfly Maze- Click for the printable</p>	<p>Watch this video for Rain, Rain, Go Away- Count the family members in the windows each time they show them. How many are there? How many are gone? Where did they go? https://www.youtube.com/watch?v=LFrKYjrIDs8&v=en</p>	<p>Bedtime Ritual: After the bedtime story, turn off the lights, and have your child lay face down. Use your pointer finger to write the first (capital) letter of a family member's name on your child's back. Have him say the letter and the family member's name. It is tricky at first but your child will improve quickly. Repeat with each family member's name.</p>

Additional Activities for our Younger Preschool Students and Additional Resources

Reading Read or listen to a book every day.	Writing Practice writing your name every day.	Math Count to 10 every day.	Social-Emotional Say "I love you" every day.
<p>Watch the YouTube video The Very Hungry Caterpillar by Eric Carle read by Eric Carle. https://www.youtube.com/watch?v=vkYmvxPOAJI</p> <p>Now act out the story. First be an egg, a hungry caterpillar, and a big fat caterpillar. Then make a chrysalis and stay inside the chrysalis for 14 days (2 weeks). Last, break out of the chrysalis and fly around the room like a beautiful butterfly. The End</p>	<p>Building Fine Motor Skills Activity::</p> <p>Invite your child to make insects with playdough and a few other supplies.</p> <p>https://www.pre-kpages.com/making-insects-with-play-dough/</p>	<p>Write down numerals 0-5 on some paper, post-its, or bottle lids. Ask your children to collect the correct number of objects to match. You can suggest objects like rocks or leaves OR your child can select the objects. Simple invitations like this are ideal for learning to recognize numbers and make amounts.</p>	<p>I Love You Rituals:</p> <p>Sing "Rain, Rain, Go Away" using your own family member's names. You can also include your pets, grandparents, cousins, and neighbors.</p> <p>Dr. Becky Bailey designed I Love You Rituals as a playful means to promote optimal brain development, increase attention span, reduce hyperactivity, build self-esteem, amplify cooperation, and facilitate language development. These rituals can be enjoyed in an adult-child setting or between children. I Love You Rituals are structured connecting activities that include eye contact, touch, presence, and playfulness.</p>

Extra Resources: (* new this week)

* Phonemic Awareness Practice with Mrs Rock (Purple Book): <https://youtu.be/gZsdFD-j2oU>

IXL <https://www.ixl.com/>

Chapman School Libraries Facebook page

USD 473 Social Work/School Counseling Services Facebook page

<https://www.vooks.com/>

GoNoodle <https://app.gonoodle.com/login>

Conscious Discipline <https://consciousdiscipline.com/>,

Laurie Berkner Band https://www.youtube.com/channel/UCQ9o9F8HYJV85XjciUS86_Q

ABC Mouse <https://www.abcmouse.com/preschool>

ABCya <https://www.abcya.com/grades/prek>

Starfall <https://www.starfall.com/h/index-kindergarten.php>

LunchDoodles with Mo Willems <https://www.kennedy-center.org/education/mo-willems/>

Virtual Field Trips <https://www.weareteachers.com/best-virtual-field-trips/>

CosmicKids <https://www.youtube.com/user/CosmicKidsYoga>

Pete the Cat Books <http://www.petethecatbooks.com/>

* The Colorful Apple Facebook page provides a list of Live Read-Alouds each weekday

There are also MANY books read aloud on YouTube. Go to YouTube and search by book title. This link can get you started. https://www.youtube.com/watch?v=SSr9Q_LMs7o

Insect Book List:

Beetle Bop by Denise Fleming

Beetle McGrady Eats Bugs by Megan McDonald, illustrated by Jane Manning

Bugs! Bugs! Bugs! by Bob Barner

A Butterfly is Patient by Dianna Hutts Aston, illustrated by Sylvia Long

Buzz by Eileen Spinelli, illustrated by Vincent Nguyen

From Caterpillar to Butterfly by Deborah Heligiman, illustrated by Bari Weissman

I Love Bugs! by Philemon Sturges, illustrated by Shari Halpern

In the Tall, Tall Grass by Denise Fleming

Ladybugs by Gail Gibbons

Old Black Fly by Jim Aylesworth, illustrated by Stephen Gammel

Two Bad Ants by Chris Van Allsburg

The Very Busy Spider by Eric Carle

The Very Hungry Caterpillar by Eric Carle

The Very Lonely Firefly by Eric Carle

The Very Quiet Cricket by Eric Carle

Waiting for Wings by Lois Ehlert

PE Activities April 14-17th

Throwing and Catching Part 2 - You will need a ball. If you don't have a ball you can use a small stuffed animal, rolled up sock or some other small soft object to throw and catch.

Some of these skills might be hard but that's okay, try your best.

Always make sure you give yourself a nice toss and watch the ball.

Set a goal and try to break your old goal the next day.

[Part 2 \(grades K-3\) | Teaching](#) - Watch this short video to see how to do the activities.

*Throw the ball up and catch it behind your back.

*Sit on your bottom, feet out in front and throw the ball up and catch it in front of you.

*Go to your knees, throw and catch to yourself. If that's easy, catch with one hand.

*Go outside to throw a catch a ball off a wall. Ask a parent which wall you can use.

- throw with 2 hands catch with 2 hands
- throw with 2 hands catch with 1 hand
- throw with 2 hands overhead and catch with two hands
- let the ball bounce then catch it

*Balance on one leg, throw and catch. Switch legs. Try to not hop around.

*Be creative and make up your own fancy way to throw and catch.

Locomotor Skills: Race someone and do each skill down and back from a tree, sidewalk/driveway or around your house. Who is the fastest in your family?

- * Run
- * Hop on one foot (switch halfway).
- * Gallop
- * Hop on two feet
- * Skip
- * Slide sideways
- * Bear Crawl
- * Crab Walk
- * Leap Frog
- * Grapevine/Carrioca (1st-2nd)

Keep working hard and have FUN!

Music activities:

April 14-17

SING "Twinkle Twinkle Little Star" in a high voice, then a low voice.

SAY and CLAP your first and last name. Then do the same for all the members in your family.

Have someone read an Easter story, while you ACT it out. (Oops! Should have had Easter last week, but let's keep the Easter fun going!)

SING and ACT: Boom Chicka Boom 🐰 Easter Songs for Kids 🐰 Best Kids Songs 🐰 The Learning Station <https://www.youtube.com/watch?v=sOVFn2oZXWE>






SING and ACT: The Bunny Hokey Pokey | Easter Songs for Kids | The Kiboomer <https://www.youtube.com/watch?v=X2HL2oR94Sw>

Kindergarten Choice Board

Week 3: April 14th-17th

Kindergarten-Week 3- The state recommends 45 minutes a day (pick activities to fill this time).

Child **READ or parent **READ** to the child 20 minutes a day **Practice **COUNTING** to 100 daily

<p><i>English Language Arts/Reading</i></p> 	<p><i>Writing</i></p> 	<p><i>Math</i></p> 	<p><i>Science/ Social Studies</i></p> 	<p><i>Specials</i> (PE & Music=listed below) Social-Emotional</p> 
<p>Read a story with a family member and practice retelling the story with key details and naming the main topic. You may also practice naming the author & illustrator.</p>	<p>Write numbers 0-40. Practice saying the numbers aloud as you write them. You can use chalk, playdough, or other fun ways to make the numbers.</p>	<p>Write in the missing numbers. 7 _ 9 _ 11 _ 13 _ 15 _ 17 _ 19 _ 21 _ 23 _ 25 _ 27 _ _ 29 _ 31 _ 33 _ 35 _ _ 37 _ 39 _ 41 _ 43 _ _ 45 _ 47 _ 49 _ 51 _</p>	<p>Plant Life Cycle- Think about how a plant changes as it grows. Draw a picture that shows a plant growing. Label what happens first, next and last.</p>	<p>Healthy minds! Take several deep breaths. Stop. What do you hear around you?</p>
<p>Fill in the missing letters. b _ d _ f _ h _ j P _ R _ T _ V _ g h _ _ k _ _ n _ A _ _ D _ F G _ _</p>	<p>Practice writing these letters. Jj Qq Uu Vv Ww Xx Yy Zz You may use a crayon, marker, or other creative ways to practice writing. Say a word that begins with each of these letter sounds & draw a picture. Ex. Jj=jeep</p>	<p>Write and skip count by 2's to 20. Write and skip count by 5's to 100. Write and skip count by 10's to 100.</p>	<p>Draw a picture of an animal in its habitat where it lives. Write your sentence with a capital letter and punctuation at the end of the sentence. A ___ lives in a ___.</p>	<p>Healthy minds! Think about two healthy things you did today. Tell an adult or stuffed animal.</p>
<p>Family Time! Take turns naming things that begin with A. When each person has had a turn, go on to B. Can you get through the whole alphabet?</p>	<p>Write number words zero - ten. Draw 2D shapes (circles, triangles, squares, and rectangles) to correspond with each number.</p>	<p>Subtract: 9-5 = ___ 10-3 = ___ 8-2 = ___ 7-1 = ___ 6-3 = ___ 4-0 = ___</p>	<p>Take a walk. What plants and animals do you see? - Draw a picture and write a sentence to match your drawing.</p>	<p>Healthy minds! Play outside today. Look around you and say a few things that you are thankful for.</p>
<p>Guess My Word -Think of a word. -Give clues -</p>	<p>Rainbow Write Write words using different colors. Choose a skill from</p>	<p>Gather as many crayons/hair ties/pencils/pieces of</p>	<p>Insect Life Cycle Draw stages of an insect's life cycle</p>	<p>Healthy minds! Look in a mirror. Make several</p>

<p>-It starts/ends with ____ (sound/letter) -It rhymes with ____ -It has ____ letters</p>	<p>the choices below. -1 color for vowels, and 1 for consonants BAT -1 color for each syllable YELLOW</p>	<p>paper/pennies/shoes/socks/etc. as you can. -Create as many different addition and subtraction problems you can by putting your items into two, or more, groups and adding or subtracting the groups. Think of fun stories that can accompany your work with math!</p>	<p>Ex. butterfly-egg, caterpillar, chrysalis and adult.</p>	<p>faces. How are you feeling today? Draw a picture and write a sentence.</p>
<p>"My Rhyming Book" (Create a book) Have a page for -at words, -op words, -ake words etc</p>	<p>Write the names of your family members. Use capital letters and lower case letters appropriately.</p>	<p>Comparison Guess My Number Think of a number Give clues-- -It is between ____ and ____ -It's less/greater than ____ -It is even/odd -It has (one/two/three) digits</p>	<p>Animal or Amphibian Life Cycle Discuss with a family member the stages of an animal's or amphibian's life cycle. Draw the life cycle stages of that animal or amphibian. EX. frog or chicken</p>	<p>Healthy minds! At bedtime, reflect on your day. What is something that you want to show appreciation for and something you are sorry for and can apologize for.</p>

Kindergarten Extra Resources:

Chapman School Libraries FaceBook page,

<https://app.gonoodle.com/login>

<https://www.abcya.com/>

<https://www.starfall.com/>

<https://consciousdiscipline.com/>

<https://www.abcmouse.com/>

www.ReadingIQ.com/redeem

<https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

<https://www.gamesforyoungminds.com>

www.raisingdragons.com

www.Khanacademy.org

<http://www.mysterydoug.com>

www.storylineonline.net

<http://wideopenschool.org>

PE Activities April 14-17th

Throwing and Catching Part 2 - You will need a ball. If you don't have a ball you can use a small stuffed animal, rolled up sock or some other small soft object to throw and catch.

Some of these skills might be hard but that's okay, try your best.

Always make sure you give yourself a nice toss and watch the ball.

Set a goal and try to break your old goal the next day.

[Part 2 \(grades K-3\) | Teaching](#) - Watch this short video to see how to do the activities.

*Throw the ball up and catch it behind your back.

*Sit on your bottom, feet out in front and throw the ball up and catch it in front of you.

*Go to your knees, throw and catch to yourself. If that's easy, catch with one hand.

*Go outside to throw a catch a ball off a wall. Ask a parent which wall you can use.

-throw with 2 hands catch with 2 hands

-throw with 2 hands catch with 1 hand

-throw with 2 hands overhead and catch with two hands

-let the ball bounce then catch it

*Balance on one leg, throw and catch. Switch legs. Try to not hop around.

*Be creative and make up your own fancy way to throw and catch.

Locomotor Skills: Race someone and do each skill down and back from a tree, sidewalk/driveway or around your house. Who is the fastest in your family?

* Run

* Hop on one foot (switch halfway).

* Gallop

* Hop on two feet

* Skip

* Slide sideways

* Bear Crawl

* Crab Walk

* Leap Frog

* Grapevine/Carrioca (1st-2nd)

Keep working hard and have FUN!

Music activities:

April 14-17

SING "Twinkle Twinkle Little Star" in a high voice, then a low voice.

SAY and CLAP your first and last name. Then do the same for all the members in your family.

Have someone read an Easter story, while you ACT it out. (Oops! Should have had Easter last week, but let's keep the Easter fun going!)

SING and ACT: Boom Chicka Boom 🐰 Easter Songs for Kids 🐰 Best Kids Songs 🐰 The Learning Station <https://www.youtube.com/watch?v=sOVFn2oZXWE>

SING and ACT: The Bunny Hokey Pokey | Easter Songs for Kids | The Kiboomer

<https://www.youtube.com/watch?v=X2HL2oR94Sw>