

First Grade Choice Board

Week of April 6-10

These are learning opportunities that you may choose to do at home with your child.

Reading	Writing	Math	Specials PE, Music, Social-Emotional
<p>Read: Read for 20 minutes EVERY day.</p> <p>** books, magazines, cereal boxes, EPIC! Website</p>	<p>Label Writing: Draw a picture and write five labels to go with it.</p> <p>(hair, eyes, nose, mouth)</p>	<p>Number Writing: Write your numbers by 10's to 120.</p> <p>*If you can write to 120 with no mistakes, keep writing. Try to go to 200 and then 300 and then all the way to 1000!</p>	<p>PE:</p> <p>See activities listed below or pick an activity of your own.</p>
<p>Setting: Read a book with someone and tell them the setting in the book (where and when).</p>	<p>Sight Words: Fancy write (bubble letters, block letters, curvy letters, etc.) the following words:</p> <p>my, made, over, did, down</p>	<p>Number Partners: How many different ways can you make the number 20?</p> <p>Examples: 12+8=20 10+10=20</p>	<p>Music:</p> <p>See activities listed below or pick an activity of your own.</p>
<p>Rhyming: Tell someone words that rhyme with:</p> <p>trying shoulder clapping</p>	<p>Lists: Make a list of outside games you like to play. How many can you think of?</p>	<p>Greater Than/Less Than: Use these symbols to compare numbers greater than > or less than <</p> <p>80 _____ 18 43 _____ 34 40 _____ 30 29 _____ 14 36 _____ 9</p>	<p>Social-Emotional: Go on a scavenger hunt in your home and find ten things that make you happy.</p>

<p>Phonogram Sounds: Make of list of ten words that have the phonogram <u>or</u> (corn, horse, form)</p>	<p>Journaling: Write a journal entry about your day. Write at least three sentences.</p>	<p>Place Value: Pick ten two-digit numbers and write them in expanded form. Examples: 48=40+8 50+2=52</p>	<p>Message: YOU are amazing just the way you are!</p>
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PE Activities April 6-10th

If you don't have a ball you can use a rolled up sock, stuffed animal or soft object.
You can try these skills with different types of balls or equipment for some extra practice.

Throw and Catch:

- * Throw and catch a ball 20 times to yourself.
- * Throw underhand to a family member 20 times (step with opposite foot).
- * Catch an underhand throw from a family member 20 times.
- * Throw overhand to a family member 20 times (step with opposite foot).
- * Catch an overhand throw to a family member 20 times
- * If you have a ball that can bounce, bounce and catch 20 times.
- * Bounce and catch a ball with a family member 20 times.

Locomotor Skills: Do each skill down and back from a tree, sidewalk/driveway around your house.

- * Run
- * Hop on one foot (switch halfway).
- * Gallop
- * Hop on two feet
- * Skip
- * Slide sideways
- * Bear Crawl
- * Crab Walk
- * Leap Frog
- * Grapevine/Carrioca (1st-2nd)

Keep working hard and have FUN!

Music activities:

April 6-10

-Find a spot to sit outside. Draw a picture of 3 things outside you hear making musical or nature sounds.

-Dance to a song you like. Have someone pause the song randomly and FREEZE in the shape of an animal. Then another time feel the BEAT of the music with both hands tapping on top of your legs. Can you find other ways to feel the BEAT on your body?

-Using a piece of string or shoestring, create a shape then sing it, making your voice go high and low, and soft and loud to your "STRING MUSIC".

-Listen to the book Musical Max found on YouTube: Children Story Books Read aloud | MUSICAL MAX | Singalong Story. <https://www.youtube.com/watch?v=4Yd4Io7NNS8>
Do you know the names of the instruments? If you listen to the book a second time, pretend to play the instruments with Max!

-Have Fun moving with: Brain Breaks - Action Songs for Kids - Body Boogie Dance - Kids Dance Songs by The Learning Station <https://www.youtube.com/watch?v=cZeM18fPbvl>