

### 3rd Grade Choice Board

March 30 - April 3

These are learning opportunities that you may choose to do at home with your child.

<p><b>Social-Emotional</b> Think about all of the emotions that you are feeling today. Draw a picture and create a character for each emotion that you feel. Share with an adult.</p>	<p><b>Math</b> *Practice <b>MEMORIZING</b> multiplication facts <b>EVERY DAY!</b></p>	<p><b>Language Arts</b> *Read for 20 minutes <b>EVERY DAY!</b></p>	<p><b>Music</b> Make instruments from items found around the house. Use them to keep a steady beat while you sing your favorite song.</p>	<p><b>PE</b> Play catch for 10 minutes. Step with the opposite foot.</p>
<p>Research careers that you think you might be interested in using</p> <p><a href="https://www.onetonline.org/">https://www.onetonline.org/</a></p> <p><a href="https://careerkids.com/pages/career-research">https://careerkids.com/pages/career-research</a></p>	<p>Find 5 items in your house, and measure each side to the nearest inch or unit.</p>	<p>Write 5 nouns (person, place, thing) and 5 verbs (actions). Put them in ABC order. Put a star by all of the nouns.</p>	<p>Sing Mary Had a Little Lamb. Change “Mary” to your name and put in a different animal. Make up a silly second verse.</p>	<p>Go touch 4 different things outside. Skip one lap around the outside of the house.</p>
<p>Imagine a place that makes you happy.</p> <p>Draw a picture or make a story and add as much detail as you can. Share your happy place with an adult.</p>	<p>Take a scavenger hunt around your house. Find an example of the following shapes: quadrilateral, rectangle, parallelogram, triangle, square, and rhombus.</p>	<p>Write your full name in cursive 10 times. For extra practice, rainbow write your name using crayons or markers.</p>	<p>Have a dance contest. See who can do the funniest dance. Dance with <b>something</b> (not someone) in your house.</p>	<p>Down the ladder: start with 10 pushups, then do 9, followed by 8 etc., all the way down to 1. Go back up the ladder for an extra challenge!</p>
<p>Practice taking ten deep breaths. Be sure to</p>	<p>Find an example of a right angle (90</p>	<p>Go on a nature walk and write a paragraph</p>	<p>Play a piece of music and describe to</p>	<p>Do 15 pretend basketball shots.</p>

<p>breathe in through your nose and out through your mouth.</p>	<p>degrees), obtuse angle (greater than 90), and acute angle (less than 90).</p>	<p>about your adventure.</p>	<p>someone the mood and feelings listening to it creates.</p>	<p>Nothing but net! Crabwalk and touch 3 chairs.</p>
<p>Go on a scavenger hunt in your home and find ten things that make you happy.</p>	<p>Draw an array to match the following problems: 3 x 4 5 x 7 8 x 8</p>	<p>Use a Venn Diagram to compare (same) and contrast (different) you and another person.</p>		<p>Time yourself running around the outside of the house 3 times.</p>
<p>Explain to someone what it means to have a growth mindset.</p> <p>Demonstrate examples on how we can grow our brains using a growth mindset.</p>	<p>Solve the following word problem: Billy has 23 black cats and 15 white cats. How many cats does he have in all?</p> <p>NOW, write a related subtraction problem to check your work.</p>	<p>Using the dictionary you received this year (or other resources), find then write the definition of cotton, festival, graceful, handkerchief, paces</p>	<p>Make up a body percussion rhythm routine. Try to use 16 beats, or write 8 beats and do the routine twice. Perform your routine for someone.</p>	<p>Find a light object like a plastic sack, leaf, or Kleenex. Toss it in the air and see how many(*)you can do before it hits the ground.</p> <p>*One leg hop, squat, push up, jumping jack, shoulder tap, sit up</p>